



Scoil Ursula  
Strandhill Road, Sligo  
18979F

School Improvement Plan  
for  
SPHE

Issue date: November, 2015

## OUR SCHOOL IMPROVEMENT PLAN

<p>Summary of main strengths as identified in Autumn 2015.</p>	<ul style="list-style-type: none"> <li>• Scoil Ursula has a conscientious, dedicated, innovative staff open to new ideas and initiatives and focussed on providing the best possible educational opportunities for its pupils.</li> <li>• The majority of pupils engage positively with healthy activities and exercise and only a small minority of pupils could be described as being overweight and/or obese.</li> <li>• The school has close links with many sports clubs and societies and provide a wide range of opportunities for pupils both inside and outside of school.</li> <li>• The school achieved its first Active Schools Flag Award in June 2015.</li> </ul>
<p>Summary of main areas requiring improvement as identified in last SSE:</p>	<ul style="list-style-type: none"> <li>• As this is the first year of SPHE in our School Self Evaluation (SSE), there were no areas previously identified.</li> </ul>
<p>Improvement targets (related to pupils' achievement)</p>	<ul style="list-style-type: none"> <li>• To increase the school's scores in the Lunchbox surveys to the following:             <ul style="list-style-type: none"> <li>○ To raise the percentage of children with non-sugary drinks in their lunchboxes by 10% each year from the current 35% to 65% by 2018.</li> <li>○ To raise the percentage of children with a healthy snack in their lunchboxes by 15% each year from 19% to 64% by 2018.</li> <li>○ To raise the percentage of children with a healthy main lunch item by 20% each year from 8% to 68% by 2018.</li> </ul> </li> </ul>
<p>Required actions (related to teaching and learning that will help to achieve the targets)</p>	<ul style="list-style-type: none"> <li>• Collection, collation &amp; analysis of a Healthy Lunch Box Survey carried out in the school.</li> <li>• Engagement with the Health Promoting Schools initiative.</li> <li>• Review of the Healthy Eating Policy in the school.</li> </ul>

	<ul style="list-style-type: none"> <li>• A campaign of encouraging pupils and parents towards healthier lunches to include- <ul style="list-style-type: none"> <li>○ Information Letter to Homes</li> <li>○ Revamped section on Website</li> <li>○ Parents Workshop</li> <li>○ Healthy Eating Week</li> </ul> </li> <li>• Whole school registration on the Fit4Skool Programme.</li> </ul>
Persons responsible	<ul style="list-style-type: none"> <li>• Principal &amp; Staff</li> <li>• SPHE Co-ordinator &amp; curricular team.</li> <li>• Board of Management</li> <li>• Parents Association</li> </ul>
Timeframe for action	<p>Year 1 2015-2016  Year 2 2016-2017  Year 3 2017-2018</p> <p>All of the actions will be implemented in Year 1 and continued over the three years pending an annual review.</p>
Success criteria / measurable outcomes	<p>Success will be based on the achievement of our targets as set out above.</p>
Review dates	<p>June 2016  June 2017  June 2018</p>